



SWIMMING POOL TIMETABLE



	Morning					Afternoon					Evening							
	700	800	900	1000	1100	1200	100	200	300	400	500	600	700	800	900	1000		
Monday											Stockport Metro/Davenport Swimming Club 3.30-7.30			Public Swim 7.30-9.00		Adult Lanes 9.00-10.00		
Tuesday			Aqua Natal 10.00-11.00	Swim Play 11.05-11.35	Swim Link 11.40-12.10						Stockport Metro 3.30-5.30		Target Sports Swimming Lessons 5.30-8.45			Intashape 8.45-10.15		
Wednesday					Arches 11.00-12.00							Stockport Metro 3.30-6.15		Davenport Swimming Club 6.15-10.15				
Thursday											Stockport Metro 3.30-6.30		Staff Training & Rookie Lifeguard 6.30-8.00		Aqua Fit 8.15-9.00		Ladies Only 9.00-10.00	
Friday											Stockport Metro 3.30-6.30		Junior Activity Club 6.30-7.30		Public Swim 7.30-8.30		Adult Swim 8.30-9.30	
Saturday	Target Sports Swimming Lessons 8.30-1.30						Pool Parties 2.00-2.45 & 3.00-3.45			Dolphins 5.00-6.00		Davenport Swim Link 6.00-7.00	Socials 7.00-10.00					
Sunday	Public Swim 8.30-10.00		Adult & Child (Under 5) 10.00-11.00	Family Swim 11.00-12.00		Pool Parties 12.30-1.15, 1.25-2.10 2.20-3.05			Fun Club 3.15-4.00	Bruntwood 4.30-6.30			Adult Swim 6.30-8.30					

Please Note: Prices and times are subject to change and may occur at short notice. The timetable is also subject to change during school and bank holidays. If in doubt please contact the centre. Last admission to the pool is 30 mins before the stated closing time. Children under 9 years of age who cannot swim 25 metres competently without swim aids must be accompanied in the water by an adult (1 adult per 2 children)

 Public Sessions

